

Youth & Family Fun

March 2012



**OSHMAN
FAMILY
JEWISH
COMMUNITY
CENTER**
TAUBE KORET CAMPUS
FOR JEWISH LIFE

JCC AFTERNOONS: SPORTS & FITNESS CLASSES

SCHOOL-AGE CHILDREN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Team Sports Ages 3-5 3:30-4:20 PM Grades K-2 3:30-4:20 PM Seiler Family Gym \$FREE CTR, \$35 COM, \$70 NM	Beginning Youth Yoga Grades K-2 3:30-4:20 PM Grades 3-5 4:30-5:20 PM Yoga Studio \$FREE CTR, \$35 COM, \$70	Zumbatomic Grades 3-5 3:30-4:20 PM Morris Group Exercise Room \$FREE CTR, \$35 COM, \$70 NM	Advanced Youth Yoga Grades K-2 3:30-4:20 PM Grades 3-6 4:30-5:20 PM Yoga Studio \$60 CTR, \$85 COM, \$110 NM	Family Fun Play Ages 0-8 12:00-3:00 PM Seiler Family Gym \$FREE CTR, \$10 COM, \$10 NM		Family Fitness With Autumn 11:30-12:30PM Morris Group Studio \$70 CTR, \$90 COM/NM
Team Sports Grades 3-5 4:30-5:20 PM Seiler Family Gym \$FREE CTR, \$35 COM, \$70 NM	Gymnastics Level I Grades K-2 3:30-4:20 PM Grades 3-5 4:30-5:20 PM Morris Group \$FREE\$ CTR, \$55 COM, \$65 NM	Beginning Fencing Grades 3-12 3:30-4:30 PM Seiler Family Gym \$75 CTR, \$110 COM, \$145 NM				Mini Hoopsters Basket- ball Clinic Grades K-2 2:00-3:00 PM Seiler Family Gym \$70 CTR, \$90 COM \$100 NM
Youth Foil Grades 8-12 4:30-5:30 PM Yoga Studio \$130 CTR \$185 COM, \$260 NM		Gymnastics Level II Grades K-2 3:30-4:20 PM Grades 3-5 4:30-5:20 PM Yoga Studio \$FREE\$ CTR, \$55 COM, \$65 NM				
					Membership Levels: CTR = Center Member COM = Community Member NM = Non-Member	

Advance registration is required for most classes; classes may not be available each week. Restrictions may apply, please contact Customer Service for more details. Please visit www.paloaltojcc.org/youth for more information about classes featured here.



Fall Sports Classes

Team Sports

Team Sports is a perfect class for kids who like to play a variety of sports. Basketball, soccer, kickball and more.

Beginning Fencing

Students learn coordination, sportsmanship and problem-solving through the Olympic sport of fencing.

Youth Foil

Intermediate level students develop their skills through drills, games, group footwork and bouting.

Junior Foil

Learn footwork, drill, conditioning exercises and bouting in this competitive-level class.

Dance

Kids learn all the hottest age-appropriate dance moves while staying physically fit. All fitness and dance experience levels are welcome. Classes include hip hop, jazz, ballet, Zumba, breakdance and more!

Various Sports

Participants learn new skills by engaging in a variety of indoor and outdoor sports such as basketball, hockey, indoor soccer, dodge ball, kickball, tag games, relay races, whiffle ball and more.