

Seiler Family Gym Schedule

May 2012



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	Bootcamp 6:45-7:45				Bootcamp 6:45-7:45				Bootcamp 6:45-7:45			Adult Drop-In Basketball 8:30-10:30	Adult Drop-In Basketball 8:30-10:30
	Bootcamp 9:30-10:30		Tienna Pre School PE 9:00-11:30	Bootcamp 9:30-10:30	Tienna Pre School PE 9:00-12:00			Zumba 9:30-10:30 Core Express 10:30-11:00	Boot Camp 9:30-10:30	Zumba 10:30-11:30			
Helios PE 12:30-1:20	Meira PE Girls Group 11:30-12:30 Ultimate Weight Loss Challenge 12:00-1:00	Helios PE 12:30-1:20	Meira PE Girls Group 11:30-12:30 Ultimate Weight Loss Challenge 12:00-1:00	Helios PE 12:30-1:20	Meira PE Girls Group 11:30-12:30 Ultimate Weight Loss Challenge 12:00-1:00	Helios PE 12:30-1:20	Meira PE Girls Group 11:30-12:30 Ultimate Weight Loss Challenge 12:00-1:00		Friday Fun Play! 12:00-3:00		Table Tennis Junior Program 11:30-1:30 Table Tennis Open Play 1:30-3:30		
	ASE Classes Gymnastics 1:00-2:00		ASE Classes Sports of All Sorts 1:00-2:00		ASE Classes Gymnastics 1:00-2:00		ASE Classes Futsal 1:00-2:00						
	Team Sports 3:45-4:30				Beginning Fencing 3:30-5:30								
Private Basketball Tournament May 14 6-8pm	Private Basketball Tournament May 14 6-8pm			Adult Drop-In Basketball 7:00-10:30	Adult Drop-In Basketball 7:00-10:30	Pick Up Volleyball 7:00-10:00	Adult Coed Volleyball League 7:00-9:30						
Gym closes at 10:30 PM		Gym closes at 10:30 PM		Gym closes at 10:30 PM		Gym closes at 10:30 PM		Gym closes at 9:00 PM		Gym closes at 8:00 PM		Gym closes at 8:00 PM	